

January
2023



BEHAVIORAL PEDIATRICS
resource center
NEWS

Issue
#3

What's been happening?

The Resource Center is so grateful for the donations we have received from members of our community. These donations help us continue the important work of sharing information on Autism, ADHD, and Anxiety.

We are always in need of financial support. Donations to the Resource Center are tax deductible and can be made on our website or by check.



Who we are!

The Behavioral Pediatrics Resource Center is a non-profit organization started in 2018 by Michelle Zeanah, MD. The goal of the Resource Center is to try to improve resource availability and opportunities for education. We focus on children with autism spectrum disorder, ADHD and/or anxiety in rural Georgia.

Did you know you can visit our website at behavioral-pediatrics.org or find us on Facebook at www.facebook.com/BPRC.Statesboro ? Both sites have information and helpful resources for autism, ADHD, and Anxiety.

Sharon Shares

Picture this. You are at a child's birthday party. There are many adults and children at the party and everyone appears to be having a good time. As you look across the balloon and streamer filled backyard, you notice a child that is running around without concern. The child stops to grab some candy off one of the tables and begins eating it quickly. Suddenly, the child runs towards the table holding the birthday cake and punch and kicks the leg out from under the table. The cake goes flying and punch spills everywhere! You are probably thinking that sugar from the candy made the child hyper. This is most likely not true. But the atmosphere and the impulsivity the child suffers from may have been more than the child could tolerate. Sugar is not the culprit behind hyperactivity. Impulsivity is one of the symptoms of ADHD and without getting too scientific, it is the brain saying to go without taking time to think. The candy wasn't the culprit for our child's bad choice. More likely it was the atmosphere and the fun that over stimulated the brain.

Project Updates

Autism Awareness Training

The Resource Center has had the opportunity to collaborate with a team of people at the state level from the Department of Family and Children Services, including 100 private agencies, to bring training in Autism Awareness to the people serving our children in the Foster system. With over 11,000 children in foster care, the need for awareness is critical.

We are STATEWIDE! Our training team has been conducting question and answer sessions for case managers and foster parents in both the public and private sectors. As of this writing, we have trained three of fourteen regions in the state of Georgia.

**American Academy of Pediatrics
CATCH Grant**

It's time to get the word out! We are just a few steps away from completing the training presentation and soon we will be ready to start promoting and scheduling trainings.

With some help from some of our local Juvenile Justice Probation Officers, the Resource Center was able to gain some valuable insight into their needs. Our training will help DJJ work better with children with autism and support those that may not be diagnosed.

The Resource Center is excited to bring this training to the hard-working people at the Department of Juvenile Justice.

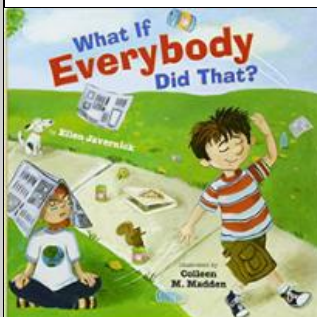
What's Next?

Autism Acceptance (Awareness) Month is April, and it will be here before we know it. The Resource Center is planning a poster contest for school age children.

We need your help!

Our hope is to get some great swag for our winners. If you have items that you could donate, please email the Resource Center at info@behavioral-pediatrics.org to arrange for pick up.

Books We Love!



What If Everybody Did That?
by Ellen Javernick (Author)
Colleen Madden (Illustrator)

What if I threw a candy wrapper on the ground and if everyone thought it was ok to do the same? This cute story helps children see why we have rules and expectations. It may even help some of our more impulsive children to think about the results of their actions.

The story is available as a read aloud on You Tube.

<https://www.youtube.com/watch?v=lxKZHdJ4d24>

