



BEHAVIORAL PEDIATRICS resource center

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behavioral-pediatrics.org



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Project Updates

American Academy of Pediatrics CATCH Grant

The Autism Awareness training that has been prepared for the Department of Juvenile Justice is ready to go! The training takes about an hour and a half and is filled with information about autism and ways to work with children with autism.

We are ready to shedule our trainings! If you know someone from the juvenile justice system that may be interested in this training, please email the Resource Center at info@behavioral-pediatrics.com

Department of Family and Children Services

The resource center is happy to report that over the last 5 months we have trained 981 staff from DFCS. This number includes Supervisors, Case Managers and Foster Parents. Our data from the trainings is being gathered. We already see positive feedback and comments about the importance of the training. The resource center is proud to be supporting the hard working staff at DFCS.



The last few months have been very busy. We have shared information on autism awareness with our community in a variety of locations.

The resource center was at the Statesboro Farmer's Market each Saturday in April to support Autism Acceptance month.

In May, the resource center participated in Kid's Health Day at the YMCA. We provided information and gave kid's an opportunity to make their own stress balls using flour and balloons. Pinwheels, which can be used to calm down an upset child, were also given out.

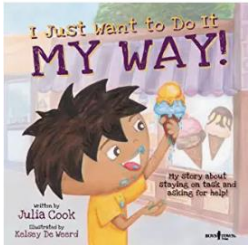
We provided training to the summer camp staff at the Bulloch County Recreation Department. The focus of the training gave insight into behavior management and working with children with autism and ADHD. Participants at the recreation department left the training with sensory bags, homemade stress balls and visual schedules for their summer camp children. The feedback from the training was very positive and we have been asked to return for more training.



Help Needed!

The Resource Center is in the process of creating videos that will be used for training and sharing ideas and information on autism, anxiety, and ADHD. We are searching for someone that can help us produce these videos. If you know someone that may be interested or have any ideas, please send your information to info@behavioral-pediatrics.org. Thank you!

Books We Love!



I Just Want to Do it My Way

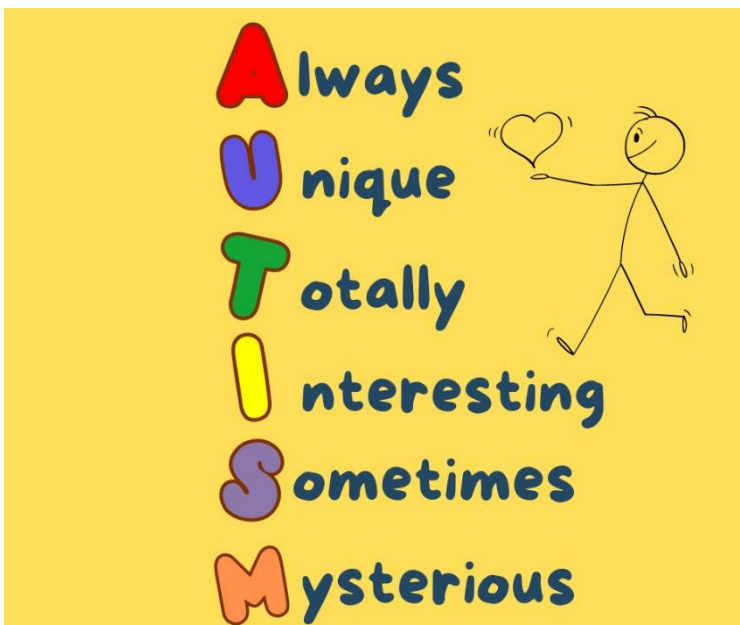
Written by Julia Cook, Illustrated by Kelsey DeWeerd

This book is one of 6 books from the Julia Cook's BEST ME I Can Be! series. The books focus on self control, patience, social interaction and asking for help.

In this story RJ likes doing things his way and blames others for his lack of focus. With some help from his parents and his teacher, RJ learns to avoid the "46 year night at the kitchen table".

Check it out as a read aloud on You Tube!

<https://youtu.be/RI2DnZy3JIs>



Sharon Shares!

When I was a principal, I had 4 autism classes in my school. I loved visiting the classrooms and watching the interactions between the teachers and the students in the room. The students were mostly non-verbal and were not able to perform many of the tasks that their peers could. But when they had a visitor come to class, they were overjoyed and showed so much love for the person entering.

One of the students in the room, a boy that was 9, was extremely offended by clothing tags. The feeling of the tags bothered him so much, that he would tear at his shirts to get to the tag and try to pull it out. School uniform shirts seemed to be the worst. To help with the sensory issue, the teacher suggested that mom cut out the tags on his shirt. It helped.

One day I went into the classroom to do an observation of the teacher. I walked in and tried to quietly position myself in a spot where I would not gather attention or interrupt. The 9 year old boy spotted me and was so excited to see me. He ran over but suddenly stopped dead in his tracks and began to shriek. I didn't know what I did or what he saw, but his teacher noticed right away. The tag of my shirt was sticking out. She gently tucked in my tag and then began to soothe the boy.

How much understanding she had for this student was undeniably amazing. But more so was the lesson I learned about how an autistic person can react to something that causes a sensory issue. Something that we take for granted as a small thing, a shirt tag, can be huge to a person with autism. It isn't because they are crazy or weird, it is because their brain processes things differently than ours do.

So, I learned that day that for someone with autism, even something small can be something big. I also learned that a person with autism doesn't have sensory issues simply because they don't like something. They don't process these things like we'd expect. And finally, I learned that understanding someone with autism is the key to accepting them for who they are. They are unique and beautiful!