

Parents, teachers, or caregivers can use this form to share helpful tips.

Your student \_\_\_\_\_, has anxiety disorder. The information below has been provided by the student's family. Please share this information with this student's other teachers including PE, art and music, and bus driver.

Compensating Strategies: \_\_\_\_\_

\_\_\_\_\_

Strategies to improve focus: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Ways to Reduce Hyperactivity: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Common Impulsive Behaviors: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Tasks/Activities That May Be Difficult for the Student to Manage: \_\_\_\_\_

\_\_\_\_\_

Difficulties in Peer Relationships Often Start With: \_\_\_\_\_

\_\_\_\_\_

Problems that May Worsen ADHD Symptoms: \_\_\_\_\_

\_\_\_\_\_

General Tips: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

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