

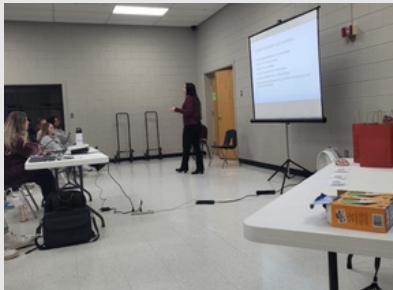


BEHAVIORAL PEDIATRICS resource center



We Have Been Busy!

2024 has been productive so far. We are happy to report many great things are happening for the Resource Center already this year. Thanks to the support of our contributors. We are blessed to bring awareness about autism, ADHD and anxiety to our community.



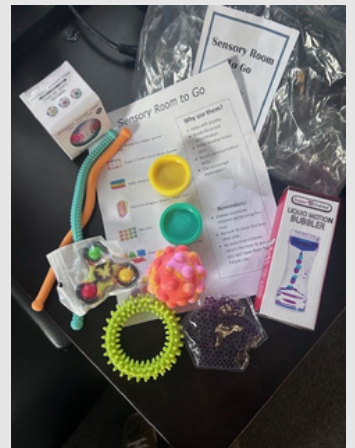
Training for Bulloch County Recreation Department

We were excited to return to the Bulloch County Recreation Department in January and February. Their after-school program staff received intensive hands-on training got activities for the participants, and they were also given a Sensory Room to Go Bag courtesy of a grant from Morris Bank Foundation.

Morris Bank Foundation Grant

We were thrilled to be selected as part of the Morris Bank Foundation Twelve Days of Christmas Grants. This grant gave us the opportunity to purchase sensory toys. Sensory toys can help with anxiety, boost focus and concentration, help develop motor skills, build communication skills and can encourage exploration.

As you can see in the photo to the right the Sensory Room bag included a fidget spinner, playdoh, fidget ring, bubble motion tube, stretch toys and squish toys.



Picnic for Prevention and Resources at Luetta Moore Park

It began as a rainy day, yet the Picnic for Prevention and Resources blossomed into a triumph. Our booth showcased a unique Easter Bunny, who not only captivated the crowd but also possessed expertise in engaging with children touched by autism, anxiety, ADHD, or developmental delays.

Besides pictures and information, we were able to give away Sensory Room to Go bags to two lucky families that stopped by our booth. We were excited to be a part of such a great event and look forward to next year.

What's Coming Up?



April is Autism Acceptance/Awareness month. We will be sharing information and tips about autism. Our booth will be at the Farmer's Market on April 6th, 13th, 20th and 27th from 9:00 AM - 12:30 PM. We invite you to stop by, say hello and get some useful information.

Autism Night at Tormenta FC April 27, 2024, at 7:30 PM



We are excited to return to the Tormenta FC Stadium. We look forward to sharing information with Tormenta FC and their awesome fans. This year we are looking forward to this great opportunity to meet the community, have an autism awareness competition on the field for kids, and watch some great soccer.


Check out our Facebook Page at <https://www.facebook.com/BPRC.Statesboro> for updates on the event.

Hospital Authority of Bulloch County Grant

A grant from the Hospital Authority of Bulloch County has empowered us to collaborate and educate local law enforcement agencies to bring awareness of autism and strategies to help law enforcement recognize and work with persons with autism. We are grateful for the generosity that makes this work possible. Project planning is underway. More information will be available soon on our Social Media pages and our website.



April 2nd is Worldwide Autism Awareness Day

 **Wear BLUE to show your support!**

With Gratitude to our Supporters!

We have been blessed by our many supporters. From private donors to grant awards we are grateful for your help. We couldn't do this without your generosity.

**Morris Bank Foundation
100 Women Who Care
Bulloch County Commissioners
Behavioral Pediatrics of Rural Georgia
Hospital Authority of Bulloch County**

SHARON SHARES

As a teacher, I always looked forward to a new school year. Excited to greet my new fourth grade students, I stood in the door on the first day of class. One of my students walked in, said nothing and sat down at a desk. There was a little eye rolling from the student, but I could handle that. As the day unfolded, I only noted the student had some reluctance to participate in anything the class was doing. I thought maybe this student was shy or just had a bad morning. The physical appearance of this student looked like a typical student on the first day of school, new shoes, fresh uniform, packed bookbag. I hoped that as the student became more comfortable in class, that I would see this student blossom. Well, as the year progressed, I saw what I wouldn't call blossoming. This first day quiet student became quite loud, sometimes yelling during lessons that weren't a preference. Ignoring my directions was a daily event. Screaming and banging the head occurred at least once a week. I tried my best to talk to and try to calm the student. Nothing worked. I started wondering what could possibly make this student so angry all the time.

The parents were at a loss too and finally took the student to a physician. It turns out, the student had autism. To me, the student didn't look like someone with autism. I had no idea. But that was back then. So, does autism have a look? There most likely aren't any natural physical characteristics that identify a person with autism. Think of it like someone with a very bad sunburn. You know they were in the sun too long. But a person with autism isn't going to have an obvious appearance like that. If you are aware of the characteristics of autism, you may be able to notice them. But for most of us, we aren't as aware of the characteristics or traits that are part of autism. That's why it is so important to become aware.



IF YOU WANT TO SUPPORT THE
WORK WE DO



Click [HERE](#) to donate online
or mail a donation to

Behavioral Pediatrics Resource Center
406 Savannah Avenue
Statesboro, GA 30458

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on the Internet

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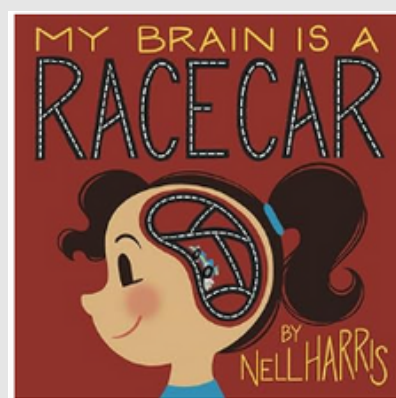
www.behavioral-pediatrics.org



www.facebook.com/BPRC.Statesboro

MY BRAIN IS A RACECAR

by Nell Harris



Nell Harris wrote this book for her daughter who was diagnosed with ADHD. Her hope was to help explain to her daughter how her brain works. She used the idea of the racecar on a racetrack. The book is fun and explains on a child's level how the brain functions.

This book is available on You Tube as a read
aloud:

<https://youtu.be/bfQoPgq1TL4>